

JECA Breakfast 2009-2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CYCLE 1	Pancakes	Breakfast Taco	French Toast Sticks	Pig-in-a-Blanket	Pop Tarts
	Bagel	Bagel	Bagel	Bagel	Bagel
	Cereal	Cereal	Cereal	Cereal	Cereal
	Toast	Toast	Toast	Toast	Toast
	Juice or Fruit	Juice or Fruit	Juice or Fruit	Juice or Fruit	Juice or Fruit
	Milk	Milk	Milk	Milk	Milk
CYCLE 2	Waffles	Breakfast Taco	Cinnamon Roll	Pig-in-a-Blanket	Biscuit
	Bagel	Bagel	Bagel	Bagel	Sausage Patty
	Cereal	Cereal	Cereal	Cereal	Bagel
	Toast	Toast	Toast	Toast	Cereal
	Juice or Fruit	Juice or Fruit	Juice or Fruit	Juice or Fruit	Toast
	Milk	Milk	Milk	Milk	Juice or Fruit Milk

Notes:

- Students must take 3 food components to make a reimbursable meal.

Cycle 1 – Served Week Of

Aug 24, Sep 7, Sep 21, Oct 5, Oct 19, Nov 2, Nov 16, Nov 30, Dec 14, Jan 11, Jan 25, Feb 8, Feb 22, Mar 8, Mar 22, Apr 5, Apr 19, May 3, May 17, May 31

Cycle 2 – Served Week Of

Aug 31, Sep 14, Sep 28, Oct 12, Oct 26, Nov 9, Dec 7, Jan 4, Jan 18, Feb 1, Feb 15, Mar 1, Mar 29, Apr 12, Apr 26, May 10, May 24