

COUNSELING RESOURCES

EMERGENCY PSYCHIATRIC CARE- 24 hour hotlines

Center for Health Care Services Crisis Line 210-223-7233

Center for Health Care Mobile Outreach Team 210-223-7233

Adult Services -601 N. Frio St., San Antonio, Texas **Children's Services** 210-261-3584

Nix Mobile Assessment Team (MAT) 877-231-4299

1975 Babcock Rd, San Antonio, Texas

Inpatient and outpatient services

Clarity Children's Guidance Center

24/7 Acute Crisis Line 210-616-0300

8535 Tom Slick, San Antonio, Texas 78229

Laurel Ridge (Child and Adolescent Program) 210-491-9400

17720 Corporate Woods, San Antonio, Texas 78259

San Antonio Behavior Healthcare Hospital

8550 Huebner Rd, San Antonio, Texas 78240

210-541-5300

Mobile Unit 877-514-0010

Methodist Behavioral Health Services 210-575-0500

8026 Floyd Curl Dr, San Antonio, TX 78229

Adults Only - Will transport if necessary

Children's Hospital of San Antonio 210-704-4708

333 N.Santa Rosa St., San Antonio, Texas 78207

Christus Santa Rosa Hospital 210-703-8000

11212 TX-151, San Antonio, Texas 78251

NE Baptist Hospital 210-297-2000

8811 Village Dr., San Antonio, Texas 78217

COUNSELING SERVICES

Center for Health Care Services	
	(www.chcsbc.org)
*Children Services (Schedule an appointment)	210-261-3350
*Adult Services (Schedule an appointment)	210-261-1250
Assessments are free. Accepts most insurance and sliding scale (based on income) Walk ins welcome 24/7, psychiatry, therapy and case-management services	
Child-Family- Adult Consultants	
3030 Nacogdoches, Suite 101 78217 http://www.cfaconsultant.com *Individual, Children, Adults & Family private practitioners work with Medicaid and private insurance \$105-\$125, 1 to 3 weeks for an appointment Sliding Scale available per practitioner	210-826-9599
Children's Bereavement Center	
Intake process up to 3 weeks from contact www.cbcst.org 205 W Olmos Dr, San Antonio, TX 78212 Group Counseling offered for Ages 3-24 Individual/ Family Counseling for all ages dealing with grief & loss Interns & Associate Counseling offered Free of Charge	210-736-4847 M-Th 9am-5pm Sundays 12noon-6pm No counseling hours on Fridays
Clarity Children's Guidance Center	
Ask for Outpatient Admissions 8535 Tom Slick, 78229 http://www.claritycgc.org/programs-a-services *Counseling services for patients ages 4-17 Psychiatric Appointments approximately 3 months Therapy/Counseling appointments sooner Work with insurance companies, sliding scale	210-616-0300
Comunicare Health Center	
8 locations http://www.comunicaresa.org/home *Family OB/GYN Care, Pediatric Care, Behavioral Care, Health Care Referral for Counseling after seeing a primary care physician, 1 week to see physician Sliding Scale from \$45 - up, Open M-F 7:30-4:30 to register for sliding scale at West Campus	210-233-7000
Community Counseling Services/OLLU	
210-434-1054 590 N. General McMullen, Suite 3, 78228 http://www.ollusa.edu/s/1190/ollu.aspx?pgid=1040 *Services for individuals, couples & families Appts available within a week, sessions are recorded \$10 fee per session/ \$35 per session if court mandated	Accepts some insurance and sliding scale. Interns work with LPC supervisor Wednesday "walk-ins" from 1-5 College student services FREE

Ecumenical Center	
210-616-0885 8310 Ewing Halsell, 78229 http://www.ecrh.org/counseling/ *Individual, Family & Counseling & Psychological Testing	Appointment with in 1 week Some private insurance accepted \$10-\$130 No sliding scale Some grants available if eligible
Family Endeavors Community Based Services	
210-431-6466 535 Bandera, 78228 http://www.endeavors.org	Veterans only and their immediate family members
Family Life Center/St Mary's	
210-438-6411 251 W. Ligustrum, 78228 http://www.stmarytx.edu/grad/counseling/?go=fkc Individual, couples & family Play Therapy Sliding Scale, \$5 - \$10 per session 2 days to 2 weeks for an appointment	Youth Education Program Contact Kimberly Sama
Family Service Association	
210-299-2400 702 San Pedro Avenue, 78212 Two other locations in San Antonio, call for more information http://www.family-service.org/services_counseling.htm *Counseling for individuals, couples, divorce classes, parenting Sliding scale Fast Program - for children in school	
Family Violence Center	
210-733-8810 www.fvps.org 7911 Broadway St, San Antonio, TX 78209 24 hr crisis intervention and Prevention Services Individual and group counseling for women and children victims of domestic Violence Services offered at no cost to the family	Counseling Children/Adolescents Groups on Weekends Intake 7-10 days if no waiting list
Jewish Family Services	
210-302-6920 www.jfs-sa.org 12500 NW Military Hwy Ste 250, San Antonio, TX 78231 Couples, Family & Group Therapy ages 3 and up	Sliding Scale for services
Rape Crisis Center	
210-349-7273 hotline 210-521-7273 main number	Counseling services at no cost for victims of sexual assault
Roy Maas' Youth Alternatives	
3103 West Ave., 78213 http://www.rmya.org/programs/conseligncenter/cc-home.html *Individual, family counseling, substance abuse, anger Services for teens up to 17 years old at risk of running away Accepts most Medicaid plans, Grant available for 4 sessions if qualified Sliding Scale \$20 per session to \$75, appointments within 1 week	210-340-7971 Teresa Maldonado School Liaison

Sage Social Services

210-248-9077

101 Peaceful Lane, Converse, Texas 78109

www.sagesocialservices.com

*Individual, marriage, children & family counseling.

Kim Schmittou - School Liaison

No referral needed

Sliding scale / insurance accepted

All services for ages 3yrs and up

In home counseling offered.

No psychiatrist only psychologist

UTSA Sarabia Family Counseling Center

210-458-2055

501 W. Cesar E. Chavez Blvd., San Antonio, Texas 78207

http://education.utsa.edu/community-family-life-center/contact_us/

Free Counseling for individuals, couples and families.

Services provided by master and doctoral level counseling students.

STAR Program BCFS

210-283-5183

5 locations

M-F, 9-5:30 to schedule appointment, open 7 days a week

<http://www.bcfs.net/NetCommunity/Page.aspx?pid=992>

*Services for children 0-17 in office, Individual and family

Federally funded, all services FREE to family, up to 6 months in 1 year

Crisis counselor on call 24 hours

Appointment within 1-5 days

All counselors LPC

St. Peter St. Joseph Children's Home

210-531-8519

919 Mission Rd., 78210

<http://www.stpjhome.org/#/community-services>

Lists of Therapists in Private Practice

www.psychologytoday.com

*Search for Therapists by location, specialty, insurance accepted

Or call the 800 number on the back of your insurance card for in-network providers

PARENTING CLASSES & FAMILY COUNSELING RESOURCES

Boys Town Texas

210-271-1010

503 Urban Loop, 78204

<http://www.boystown.org/texas/behavioral-health>

*No counseling services

Foster Care and Adoption services

Parenting classes, In home Family Services, Residential Placement

National Alliance for the Mentally Ill (NAMI)

210-734-3349

510 Belknap Pl, San Antonio, TX 78212

www.nami.org

**No counseling services

Educational classes for parents and families to help them understand their child's diagnosis

Hours M-F 9am-5pm; Classes also offered on nights and weekends

No fees associates with services

GRIEF COUNSELING SERVICES

"Life After Loss" Programs- Porter Loring Family Care Services

Christ Episcopal Church **210-736-3132**
510 Belknap Pl, San Antonio, TX 78212 Contact-Carol Miller

Our Lady of Perpetual Help Catholic Church **210-651-6913**
16075 North Evans Rd., Selma, TX 78154 Contact-Sister Leonita

Grief Support Groups- Porter Loring Family Care Services

Men's Grief Support Group

Time: Every Thursday, 12-1:30pm

Place: Alamo Heights United Methodist Church, 825 E. Basse Rd., San Antonio, TX 78209

Facilitator: Celeste Miller, MA, Bereavement Coordinator, **210-227-8221**

"Fellowship in Grief"

Time: 12:00-1:30pm. The 2nd and 4th Tuesdays of each month

Place: Porter Loring Family Care Services, 2119 Mannix, San Antonio, TX 78217

Facilitator: Celeste Miller, MA, Bereavement Coordinator, **210-227-8221**

Grief Support Group for Women

Time: Every Monday, 10-11:30am

Place: Alamo Heights Methodist Church, 825 E. Basse Rd., San Antonio, TX 78209

Facilitator: Celeste Miller, MA, Bereavement Coordinator, **210-227-8221**

Grief Support for Younger Women

Time: 11:00-12:30pm. The 1st and 3rd Tuesdays of each month

Place: Porter Loring Family Care Services, 2119 Mannix, San Antonio, TX 78217

Facilitator: Celeste Miller, MA, Bereavement Coordinator, **210-227-8221**

"Forever Loved"- Loss of a Child

Time: Every Tuesday 7-8:30pm

Place: St. Pius X Catholic Church, 3303 Urban Crest, Martins Hall, #211, San Antonio, TX 78209

Facilitator: Celeste Miller, MA, Bereavement Coordinator, **210-227-8221**

"Grief and the Holidays" Presentations

Time: From October through December every year

Place: Throughout the San Antonio community

Facilitator: Celeste Miller, MA, Bereavement Coordinator, **210-227-8221**