

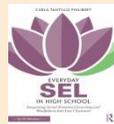
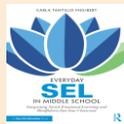
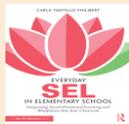
Mental Health Support Services

JISD Campus Counselors and Social Workers, At-Risk Counselors, and District Social Workers



MINDFUL PRACTICES

Mindful Practices-A Social & Emotional Learning program that teaches how to understand the needs of our students and their backgrounds to help cope with stressors. Teaching Mindful Practices to students will help them learn self-management and self-regulation skills.



Health Masters-Counselors and Social Workers use computer-based program to keep track of important mental and behavioral health information of students. This provides communication between all schools within the district.



Class Catalyst- A behavioral management electronic program that will assist students with morning check-in. Teachers will have a dashboard with data to see how students checked in and provide mindfulness techniques if needed.



Mind Yeti- It is a program to teach mindfulness and has the potential to empower students and teachers to deal with strong emotions in a clear-minded and calm manner.



Second Step is a program rooted in social-emotional learning (SEL) that helps transform schools into supportive, successful learning environments uniquely equipped to help children thrive.



Sterling's Initiative through Technology by Unifying Processes -Judson ISD has an electronic program used as a preventive measure that monitors student computer usage for key words and potential risks. Searching for harmful drugs, inappropriate, suicide, or homicide keywords.



BCFS- Provides families and their children with individual and family counseling, parent and youth skills training, or case management services.



Mental Health First Aid teaches about *recovery* and *resiliency* – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well.



SACADA- Families and their children will have access to health promotion and substance use and/or substance dependency prevention services. Program will provide support in Youth Prevention Services, Project Strong Life Case Management Services, and prevention educational resources, brochures, pamphlets, and posters to students' in district.



SafeSchools- Is an online automated training system for school safety and compliance. It saves valuable time and provides the convenience for our staff to complete their coursework online. All school safety topics are by leading experts. All employees must complete all trainings.



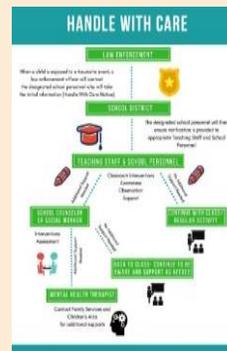
CIS- The program provides case management services to help students overcome obstacles that may prevent them from being successful in school. Each campus provides student services that are specific to campus needs and are written in a campus plan.



CPI- The Crisis Prevention Institute offers nonviolent crisis intervention training designed to teach best practices for managing difficult situations and disruptive behaviors.



Counselor and Social Worker Interns



Handle with Care- A new Program that enables police to notify schools when they encounter children at a traumatic scene. So schools can provide trauma sensitive support. Training in trauma informed care will be part of this program.

**Coming Soon:
Rachel's Challenge**

- Look for the best in others
- Dream big
- Choose positive influences
- Speak with kindness
- Start your own chain reaction



Coming Soon: SOS

The SOS Signs of Suicide Prevention Program (SOS) is a universal, school-based depression awareness and suicide prevention program designed for middle-school (ages 11–13) or high-school (ages 13–17) students.

The goals are to 1) decrease suicide and suicide attempts by increasing student knowledge and adaptive attitudes about depression, 2) encourage personal help-seeking and/or help-seeking on behalf of a friend, 3) reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment, 4) engage parents and school staff as partners in prevention through “gatekeeper” education, and 5) encourage schools to develop community-based partnerships to support student mental health.