

# National Suicide Prevention Week

September 8 – 14, 2019

**TOMORROW  
NEEDS YOU**



**Tomorrow needs you to be a good friend.**

**Tomorrow needs you to hold your little sister's hand.**

**Tomorrow needs you to be an uncle, a classmate, a roommate, a cousin.**

**Tomorrow needs you to laugh. To dance. To build. To dream.**

**Tomorrow needs you to stay for all the things you love.**

**Today needs you to know that it's okay to ask for help.**

**Today needs you to know that you will get the help you need.**

**Because tomorrow needs you.**

## National Suicide Prevention Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones and best practices for professionals.



1-800-273-8255

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Executive Director of Human Resources. 8012 Shin Oak, Live Oak, TX. 78233. (210) 945-5608