



### Sample Pre-K Full Day Schedule

	Time Frame w/out Specials Rotation	Time Frame with Specials Rotation
<b>Morning Meetings/Beginning of Day/Welcome/Breakfast</b>	30 minutes	30 minutes
<b>Transitions</b>	5 minutes	5 minutes
<b>Circle Time</b>	25 minutes	25 minutes
<b>Transition</b>	5 minutes	5 minutes
<b>Center Time/Small Group</b>	60 minutes	60 minutes
<b>Transition</b>	5 minutes	5 minutes
<b>Circle Time/Whole Group</b>	20 minutes	20 minutes
<b>Transition</b>	5 minutes	5 minutes
<b>Gross Motor Skills</b>	25 minutes	
<b>Specials</b>		45 minutes (teacher conference period)
<b>Restroom &amp; Transition</b>	10 minutes	10 minutes
<b>Circle Time/Whole Group</b>	25 minutes	25 minutes
<b>Transition</b>	5 minutes	5 minutes
<b>Lunch</b>	30 minutes	30 minutes
<b>Prepare for Rest Time</b>	10 minutes	10 minutes
<b>Rest Time and Snack Time</b>	45 minutes (teacher conference period)	45 minutes
<b>Circle Time/Whole Group</b>	25 minutes	25 minutes
<b>Transition</b>	5 minutes	5 minutes
<b>Center/Small Group</b>	50 minutes	50 minutes
<b>Transition</b>	5 minutes	5 minutes
<b>Gross Motor Skills</b>	25 minutes	
<b>Reflection/End of the Day Time</b>	20 minutes	25 minutes
<b>Total</b>	435 minutes	435 minutes

Required	Recommendations and Guidelines
<b>Circle Time</b>	2/3 meetings a day; maximum 25 minutes each meeting; core content (ELAR, math, science, social studies) should be integrated
<b>Center Time</b>	minimum 7 learning centers; minimum 1 hour a day; small groups being seen
<b>All transitions</b>	should include cognitive tasks, such as clap syllables, say the beginning of sounds, identify numbers, etc.
<b>Gross Motor Skills</b>	can and should be integrated in many areas; however, time should be dedicated for explicit instruction
<b>Rest Time</b>	is not defined as sleep only; it could include calming activities, listening to music or read aloud, etc.