

Judson ISD SEL Implementation Calendar

Elementary School

Month	Activity	Character Trait	SEL Content Area	Positive Affirmations	Second Step https://www.seco.ndstep.org/	National Bullying Prevention Center https://pacер.org/bullying/	Bullying Prevention Manuel	Grade Level # of lessons per month
September	Classroom Guidance	Respect	Self-Awareness	I make healthy choices. I have respect for myself.	Empathy and Communication: Working in Groups	Starting the Conversation	Model 1	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
October	Classroom Guidance	Citizenship	Responsible Decision Making	I have the courage to keep going.	Bullying Prevention	National Bullying Prevention Month	Model 7	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
November	Classroom Guidance	Courage	Coping with Anxiety	Do your part to make your school and community better.	Emotion Management: Coping with Stress	Reality About Bullying	Model 2 & 3	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
December	Classroom Guidance	Caring	Social Awareness Empathy	Not caring what other people think is the best choice you will ever make.	Empathy and Communication: Giving and Getting Support	Cyberbullying	Model 10	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
January	Classroom Guidance	Diligence	Self-Management Goal Setting	My determination sets me apart from the rest.	Goal Setting: Making your Plan	Show Support	Model 5	K-12: Minimum one lesson Each lesson at least 30min. Model 1 Include Bullying Lesson
February	Classroom Guidance	Honesty	Relationship Skills	Honesty is the best policy	Sexual Harassment Dating Relationships	Advocacy	Model 5	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
March	Classroom Guidance	Fairness	Self-Harm Awareness Resolving Conflicts	Treat people fairly. Don't discriminate	Substance Abuse Prevention	Inclusion	Model 6	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
April	Classroom Guidance	Trustworthiness	Cross Cultural Awareness	Always do the right thing.	Accepting Differences	Students w/Solutions	Model 6	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson Child Abuse Awareness Month/Cardboard Kids
May	Classroom Guidance	Integrity	Communication Skills	Integrity is the first step to true greatness.	Empathy and Communication: Negotiating and Compromising	Review	Review	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson Mental Health Awareness Month

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Middle School								
Month	Activity	Character Trait	SEL Content Area	Positive Affirmations	Second Step https://www.secondstep.org/	National Bullying Prevention Center https://pacer.org/bullying/	Bullying Prevention Manuel	Grade Level # of lessons per month
September	Classroom Guidance	Respect	Self-Awareness	I make healthy choices. I have respect for myself.	Empathy and Communication: Working in Groups	Starting the Conversation	Model 1	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
October	Classroom Guidance	Citizenship	Responsible Decision Making	I have the courage to keep going.	Bullying Prevention	National Bullying Prevention Month	Model 7	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
November	Classroom Guidance	Courage	Coping with Anxiety	Do your part to make your school and community better.	Emotion Management	Reality About Bullying	Model 2 & 3	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
December	Classroom Guidance	Caring	Social Awareness Empathy	Not caring what other people think is the best choice you will ever make.	Empathy and Communication	Cyberbullying	Model 10	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
January	Classroom Guidance	Diligence	Self-Management Goal Setting Schedules	My determination sets me apart from the rest.	Emotion Management	Show Support	Model 5	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
February	Classroom Guidance	Honesty	Relationship Skills Sexual Harassment Teen Dating Violence	Honesty is the best policy	Bullying Prevention	Advocacy	Model 5	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
March	Classroom Guidance	Fairness	Self-Harm Awareness Resolving Conflicts	Treat people fairly. Don't discriminate	Empathy and Communication	Inclusion	Model 6	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
April	Classroom Guidance	Trustworthiness	Cross Cultural Awareness/ Accepting Differences	Always do the right thing.	Substance Abuse Prevention	Students w/Solutions	Model 6	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson Child Abuse Awareness Month Cardboard Kids
May	Classroom Guidance	Integrity	Communication Skills	Integrity is the first step to true greatness.	Substance Abuse Prevention	Review	Review	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson Mental Health Awareness Month

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High School								
Month	Activity	Character Trait	SEL Content Area	Positive Affirmations	Second Step https://www.secondstep.org/	National Bullying Prevention Center https://pacer.org/bullying/	Bullying Prevention Manual	Grade Level # of lessons per month
September	Classroom Guidance 9 th Grade Welcome	Respect	Self-Awareness	I make healthy choices. I have respect for myself.	Empathy and Communication: Working in Groups	Starting the Conversation	Model 1	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
October	Classroom Guidance	Citizenship	Responsible Decision Making	I have the courage to keep going.	Bullying Prevention	National Bullying Prevention Month	Model 7	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
November	Classroom Guidance	Courage	Coping with Anxiety	Do your part to make your school and community better.	Emotion Management: Coping with Stress	Reality About Bullying	Model 2 & 3	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
December	Counselor Café Corner Activity	Caring	Social Awareness Empathy	Not caring what other people think is the best choice you will ever make.	Empathy and Communication: Giving and Getting Support	Cyberbullying	Model 10	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
January	Classroom Guidance	Diligence	Self-Management Goal Setting Schedules	My determination sets me apart from the rest.	Goal Setting: Making your Plan	Show Support	Model 5	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
February	Classroom Guidance	Honesty	Relationship Skills Sexual Harassment Teen Dating Violence	Honesty is the best policy	Sexual Harassment/Dating Relationships	Advocacy	Model 5	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
March	Counselor Café Corner Activity	Fairness	Self-Harm Awareness Resolving Conflicts	Treat people fairly. Don't discriminate	Substance Abuse Prevention	Inclusion	Model 6	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson
April	Classroom Guidance	Trustworthiness	Cross Cultural Awareness/ Accepting Differences	Always do the right thing.	Accepting Differences	Students w/Solutions	Model 6	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson Child Abuse Awareness Month/Cardboard Kids
May	Counselor Café Corner Activity	Integrity	Communication Skills	Integrity is the first step to true greatness.	Empathy and Communication: Negotiating and Compromising	Review	Review	K-12: Minimum one lesson Each lesson at least 30min. Include Bullying Lesson Mental Health Awareness Month